



MOHAMED BIN HAMAD HOLDING
مجموعة محمد بن حمد القابضة





55
YEARS
OF EXCELLENCE



MOHAMED BIN HAMAD HOLDING
مجموعة محمد بن حمد القابضة

ABOUT US

Mohamed Bin Hamad Holding (MBHH) is one of Qatar's leading business enterprises, it is the consolidation of a number of Qatar-based companies, founded by H.E The Late Sheikh Mohamed Bin Hamad Abdullah J. Al Thani, over 50 years ago. Over the years, the company has successfully developed business interests in a variety of industry sectors including real estate investment and development, facilities management, hospitality, travel and tourism services, healthcare, and many others.

OUR VISION

To be a leader in developing commercially and socially-responsible business enterprises that serve the local community and reflect our commitment to the future of Qatar and its people.

OUR MISSION

To enhance customers' loyalty towards our brands through providing the highest-quality products and services to reflect our core values: honesty, transparency, and individual attention to details.





**The LATE SHEIKH MOHAMED BIN HAMAD BIN
ABDULLAH J. AL THANI**

ABOUT THE FOUNDER

Sheikh Mohamed bin Hamad bin Abdullah Al Thani

The Founder of Mohamed Bin Hamad Holding; a group of companies providing services in the fields of healthcare, tourism, travel, hotels, real estate, business and many more.

Sheikh Mohamed bin Hamad bin Abdullah Al Thani was a prominent member of the ruling family in the State of Qatar.

Sheikh Mohamed held several positions and had a major role in the development stages of the State of Qatar; he served as Ambassador of the State of Qatar to Lebanon from 1972 to 1977 and non-resident Ambassador to the Republic of Turkey and the Syrian Arab Republic.

Under Emiri Decree No. (2) of 1978, Sheikh Mohamed bin Hamad was appointed as Minister of Education from 1978 to 1989, making great contributions in the development of education, which we can witness to this day. He was also appointed as Advisor to His Highness the Emir Sheikh Khalifa bin Hamad during his tenure.

Sheikh Mohamed also made great contributions in the development of the economic sector, investment, and business in the State of Qatar, as he was the first to establish a company specialized in tourism and travel in 1968 and the first to establish an integrated private hospital in 2000, inaugurated by His Highness the Father Emir Sheikh Hamad bin Khalifa Al Thani. Sheikh Mohamed bin Hamad also established the Ahli Bank of Qatar with a number of businessmen in 1983.

Sheikh Mohammed Al Thani died on Friday, Muharram 3, 1445 AH, corresponding to July 21, 2023, and the Emiri Diwan in Qatar mourned him in an official statement.



H.E. SHEIKH JASSIM BIN MOHAMED AL THANI
Chairman

BOARD OF DIRECTORS

H.E Sheikh Jassim bin Mohamed bin Hamad Al Thani

H.E. SHEIKH JASSIM BIN MOHAMED AL THANI, is one of the prominent young business leaders in the State of Qatar. H.E is a graduate of the University of Plymouth, United Kingdom with a degree in Business Management and Administration.

Since taking up the role of Chairman of MBHH, H.E. SHEIKH JASSIM has injected new energy, knowledge and expertise into the organization and has taken an active and comprehensive approach in the day-to-day management of the ever-challenging business environment.



Mr. FATHI IBRAHIM ABURISH
Managing Director

Mr. Fathi Ibrahim Aburish

Having joined the company in 1980, Mr. Aburish is one of MBHH's longest-serving executives. As such, he has been instrumental in the development of the company's organic growth and success, including managing and orchestrating the organization's restructuring and transformation into the recently formed MBHH.

Mr. Aburish holds a Master's Degree in Economics, from the University of South Dakota and a BA in Political Science and International Relations, from Dakota Wesleyan University, USA.

MOHAMED BIN HAMAD HOLDING



HOSPITALITY

Holiday Inn - Doha
Crowne Plaza - Doha



HEALTH CARE

Doha Clinic Hospital
Ibn Al Haytham Medical Company
Ibn Al Haytham Center
Ibn Al-Haytham Pharmacies
Al-Nasser Pharmacy
Abu Sidra Clinic (DCH)
ICON Pharma Trading
ICON Nursing
ICON Medical Center
ICON Pharmacy



TRAVEL & TOURISM

Trans Orient Air Services
Trans Orient Travel & Tourism
Trans Orient Cargo
Doha Travel Agency
Mosaic Visa Services



BUSINESS

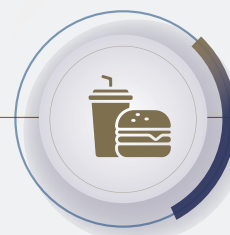
West Bay Petroleum
West Bay Petrol Station
Business Loop

ORGANIZATIONAL STRUCTURE



HEALTHY FOOD

Diet Center
Diet Shop



FOOD AND BEVERAGE

Meesh Me Time Cafe
Stock Burger



REAL ESTATE

Commercial

The Business Park
Abu Sidra Mall

Residential

Al Dana Gardens
Abu Sidra City
Crowne Village
Al Naser Residential





INVESTMENTS PORTFOLIO

01

The Business Park



ABOUT US:

In recent years, Qatar has witnessed unprecedented growth and prosperity in different business sectors supported by the wealth of its natural resources that has placed the country amongst the world's wealthiest nations in terms of GDP per Capita. Qatar is ambitiously diversifying its resources by granting attractive incentives to investments in non-oil sectors such as finance, real estate, trade and tourism.

To manage this significant progress, The Business Park was developed. Located in the business and financial district of Doha and only 2 kilometers from Hamad International Airport, The Business Park is a multi-functional commercial project backed with a panoply of state-of-the-art facilities and modern amenities, making it the commercial hub of choice not only in Qatar, but in the whole region.

With its contemporary architecture and design, this unique complex encompasses a vast array of business and hospitality services, specifically designed to meet the meticulous demands and requirements of businessmen and companies looking for a place to conduct, enhance, and grow their businesses.



SERVICES:

- A plot area of 29,096 sq.m.
- Crowne Plaza Hotel - 5-star hotel with 378 rooms (288 Guest Rooms and 90 Resident Suite-Apartments)
- Holiday Inn Hotel – 4-star Hotel with 307 rooms (301 Guest Rooms and 6 Suites)
- A fully equipped Convention Centre with 3 floors for a total floor area of 1,600 sq.m. ideal for conferences, trade shows, and social events
- A ballroom that can accommodate up to 1,000 occupants with a floor space of 1,100 sq.m.
- 15,470 sq. m. total rentable office space divided into;
- 3 Office Buildings with 5 floors and a total of 7,576 sq.m. of rentable area
- 2 Office Buildings with 7 floors and a total of 6,990 sq.m. of rentable area
- A spacious Showroom Building with 5 floors and a total of 904 sq.m. of rentable area.
- Car park capacity: 894

Contact information:

- 📍 The Business Park, 58 Airport Road, Building E, 6th floor. P.O.Box 23560 Doha, Qatar
- ☎ +974 4442 0611/22
- 📠 +974 4432 9885
- ✉ Jihan.selga@mbhhc.com

29,096

sq.m.

A plot
area

1,600

sq.m.

Convention
Centre

15,470

sq.m.

Total rentable
office space







02



Crowne Plaza Hotel - The Business Park

ABOUT US:

Crowne Plaza Doha - The Business Park, part of the IHG group of hotels and resorts is the preferred choice of successful travelers who would like to constantly experience a comfortable, dynamic, and balanced lifestyle through innovative accommodations, facilities and great service.

The hotel provides ergonomically designed accommodations that are ideal for the business traveler balancing work and leisure with separate work zones and rest areas boasting 288 rooms and suites along with 90 residence apartments.



SERVICES:

- The hotel is also equipped with a wide variety of recreational facilities and services to make your stay complete including a state-of-the-art 24/7 gym, outdoor temperature controlled swimming pool & Jacuzzi with a pool bar and the Crowne Spa.
- Experience the privileged lifestyle at Crowne Plaza Club Lounge. This modern Club Lounge blends beautifully a revitalized sense of relaxation with today's essentials for work and recreation. This is an ideal venue for any kind of meeting with its three distinct areas for dining, relaxation and meetings.
- For all your business needs, the hotel provides 14 meeting rooms ranging in size and structure with the largest room having a capacity of 450 persons respectively. Additional the 'Event Center' located right in front of the hotel building consists of 3 ball rooms namely Ru'a, Manar and Al Falak with the largest room covering an area of 544 sqm and a private room for VIP guests as well as a pre-function room ideal for receptions.

- The hotel also aims to satisfy the culinary cravings of its guests and visitors alike with numerable food and beverage options including:
- Aramede: All Day Dining Restaurant (International Cuisine Buffet Restaurant)
- Savor (Café Lounge)
- Arguelina Lounge (Arabic restaurant and shisha lounge)
- Misturado (Bar and Lounge)
- Rodizio Churrascaria (Brazilian Churrascaria Speciality Restaurant)
- Liquidity (Pool Lounge)
- Meesh Café (Coffee Shop)

Contact information:

📍 The Business Park, 58 Airport Road

☎ +974 4408 7777

✉ info.cpdoha@ihg.com

🌐 www.crowneplaza.com/dohabp

378

Guest Rooms

7

Restaurants/lounges

3

Ballrooms



03



Holiday Inn Hotel - The Business Park

ABOUT US:

Conveniently located in the center of the bustling Business Park and the financial district of Doha, Holiday Inn Doha – The Business Park, part of IHG group of Hotels and Resorts is only a 15-minute drive from Hamad International Airport and a few minutes away from the local main attractions including Souq Waqif and Museum of Islamic Art.



SERVICES:

- The hotel's 307 well-appointed guestrooms all feature flat-screen televisions, satellite channels, and complimentary high-speed internet access so you can stay connected. Traveling with children is a breeze with the hotel's family-friendly amenities under the Kids Stay and Eat Free™ program.
- Doing business is also easy with 7 high-tech and flexible meeting rooms and a 24- hour business center and the Al Masa Ballroom located on the ground level for bigger conferences and social gatherings with a total area of 907 sqm.
- The hotel is also equipped with a wide variety of recreational facilities and services to make your stay complete including a state-of-the-art 24/7 gym, outdoor temperature controlled swimming pool and a pool bar.
- The hotel also aims to satisfy the culinary cravings of its guests and visitors alike with numerable food and beverage options including:
 - Sirocco All Day Dining Restaurant (International Cuisine Buffet Restaurant)
 - Stock Burger Co. Doha (Sports Bar and Lounge)
 - Stock Burger Terrace (Pool Lounge)
 - Meesh Express (Lobby Grab & Go Café Cart)

Contact information:

- 📍 The Business Park, 58 Airport Road
- ☎ +974 4031 3333
- ✉ holidayinndoha@ihg.com
- 🌐 www.holidayinn.com/dohabp

307

Guestrooms

4

Restaurants/lounges

7

Flexible meeting & event spaces





DOHA CLINIC HOSPITAL

عيادة الدوحة
مستشفى

العيادات الخارجية
OUT PATIENT CLINICS



The first
fully-integrated
private hospital
in Qatar

04

Doha Clinic Hospital (DCH)

ABOUT US:

Doha Clinic Hospital was established as a polyclinic in 1994, expanded and completely renovated to become the first fully-integrated private hospital in the State of Qatar on the 3rd of June 2001, with a total buildup area of approximately 4200 square meters and launched by His Highness the Father Emir of Qatar, Sheikh Hamad bin Khalifah Al-Thani.

Doha Clinic's facilities and services have been appreciated and recommended by both Qataris and expatriates. Obtained the Platinum Accreditation from the Canadian International Accreditation Council, this state-of-the-art facility offers first-class medical care using high- tech medical equipment and resources. Doha Clinic accepts and deals with a various local & international insurance companies and is located in the heart of Doha for easy access, with around the clock operations, fully equipped ambulance, and quality staff.

Doha Clinic Hospital is an 52 bed multi-specialty private medical hospital, offering excellent health-care services with the help of well-qualified and experienced medical staff and well- known visiting doctors.



SERVICES:

Medical

- Internal Medicine
- Cardiology
- General Medicine & General Checkups
- Pediatrics
- Neonatology
- Dermatology & Venerology
- Audiology
- Neurology
- Dentistry
- Gastroenterology
- Pulmonology
- Diet Clinics
- Psychiatry Clinics
- Rheumatology
- I.C.U and N.I.C.U
- Internal Pharmacy

Surgical

- General and Laparoscopic Surgery
- Urology
- Orthopedic Surgery
- Pediatric Surgery
- Anesthesiology
- Ophthalmology
- E.N.T. Surgery
- Neuro Surgery
- Dental Surgery
- Plastic Surgery
- I.V.F Center
- Delivery Rooms
- 80 Beds

Contact information:

📍 New Al Mirqab Street, Fereej Al Nasr - P.O. Box 9958, Doha, Qatar

☎ +974 4438 4333

📞 +974 6000 8455

✉ info@dchqatar.com

🌐 www.dohaclinichospital.com





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**Making a lifetime
of difference in
the well-being of
every patient**



05

ICON Medical Center**ABOUT US:**

The International Center for Orthopedics and Neurosciences (ICON) is the first and unique specialized Center for Orthopedics and Neurosciences in the State of Qatar with an integral approach to healthcare in one quality stop. ICON is a specialized medical center in the fields of General Medicine, Orthopedics, Neurology, Neurosurgery, Physiotherapy and Rehabilitation, as well as, Sports Medicine. ICON offers diagnoses, treatment and rehabilitation supported by the most sophisticated environmental-friendly equipment, compliant with the latest international quality standards, safety measures and energy conservation.

As an integrated medical provider, we pay keen attention to the diagnosis phase. Our Radiology department is equipped with the state-of-the-art, environmental-friendly X-ray and MRI machines, supplied by a reputed provider in the local market. Our modern in-house laboratory offers a full diagnosis investigation with quality controlled laboratory results.

Our investments, aside from high notch technology and machines, are primarily focused in human resources through a diverse group of the best specialists and consultants in the field. Our professional team of consultants specialize in treating various injuries and neurological disorders, musculoskeletal system, that affect both children and adults alike.

The International Center for Orthopedics and Neurosciences (ICON) is not only a unique medical center; it is a message of hope to the thousands of patients in the region who suffer from any kind of musculoskeletal and neurological disorders.

SERVICES:

- Orthopedics
- Neuroscience
- Geriatric
- Rheumatology
- Physiotherapy
- Orthotics
- Radiology
- Laboratory
- Cardiology
- Internal Pharmacy

Contact information:

- 📍 The Business Park, 58 Airport Road, Building C - P.O. Box 3325, Doha, Qatar
- ☎ +974 401 912 00 | +974 401 912 01
- 📠 +974 444 149 45
- ✉ info@icon-medical.com
- 🌐 www.icon-medical.com

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**When It's Spine...
We Lead**



ICON

INTERNATIONAL CENTER FOR ORTHOPEDICS
AND NEUROSCIENCES

المركز الدولي لجراحة العظام والأعصاب



You
Deserve
The Best

06



Ibn Al Haytham Pharmacies

ABOUT US:

Ibn Al-Haytham Pharmacies is one of the main providers of medicine and medical supplies in Doha. It was established 25 years ago.

The Pharmacy is open 7 days a week and is stocked with a full range of pharmaceutical drugs and bio-medical products, stored and supplied strictly based and in accordance with the guidelines and certification of Supreme Council of Health, Qatar.

It offers Medicines, Sports nutrition, Vitamins & supplements, Beauty care, Mother & baby care, Health care products, Personal care, Medical devices, and many others. The pharmacy has 4 branches in Al Nissr street, Al Wajba, Abu Hamour, and Doha Clinic Hospital.



SERVICES:

One of the nation's leading Pharmacy services providers, since opening, we have provided pharmacy services throughout the healthcare system to deliver highest care and service quality level, our services include prescription services, bio medical, beauty, personal care and, health and fitness products.

Contact information:

Call Center: 44380115 For all the branches

Main branch (DCH): (24 hours)

📍 Al Nasr - Doha Clinic Building, New
Al Mirqab
Street, Fereej Al Nasr
P.O. Box 9958, Doha, Qatar

☎ +974 44380116

+974 55642155

✉ health.care@mbhhc.com

Al Wajba Branch:

📍 Woqod Petrol Station, Wajba, Al-Rayyan

☎ +974 77457004

+974 4438 0187

Abu Hamour Branch:

📍 Wholesales Market St, Abu Hamour

☎ +974 4438 0185

+974 77431077

Al Nasser Branch:

📍 Al Mirqab Al Jadeed St, Doha

☎ +974 44380134

+974 44762477

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**Your Medicine,
Our Mission**

07



Ibn Al-Haytham Medical Company

ABOUT US:

Ibn Al-Haytham Medical Company was established in 1994 and became one of the leading pharmaceutical medicines and medical equipment suppliers in the State of Qatar. Large governmental corporations, other governmental, semi-governmental and private sectors have become valued customers throughout this venture.

SERVICES:

Ibn Al-Haytham Medical Company is a licensed supplier of pharmaceutical, dental, and medical equipment. As an agent and wholesaler of pharmaceutical medicines and medical equipment, our company is in direct contact with major medicine manufacturing companies around the world. The Company has succeeded in making many exclusive distribution agreements with international pharmaceutical companies, to provide them with Regulatory and Registration, Pharmaceutical Warehouse and Marketing & Sales for their products in Qatar.



Contact information:

📍 The Business Park, 58 Airport Road - P.O. Box: 9958, Doha, Qatar

☎ +974 4039-9477

📠 +974 4029-7750

✉ info@ibn-alhaythamqa.com

🌐 www.ibnalhaythammedical.com

08



ICON Pharma Trading

ABOUT US:

ICON Pharma Trading a leading distributor in the State of Qatar for pharmaceuticals, non-pharmaceuticals, medical devices and life science industries, a local partner to leading multi-national corporations.

Founded in 2022, Doha, Qatar, as part of the MBHH, one of the largest businesses in the state of Qatar business and healthcare spectrum, ICON Pharma represents the highest standards of quality, professionalism and services.

SERVICES:

Pharmaceutical and Non-Pharmaceutical Trading Service:

Our pharmaceutical trading service provides you with access to a wide range of products from leading manufacturers around the world. We offer a comprehensive range of services, including:

- **Distribution:** ICON Pharma Trading distributes a wide range of healthcare products to hospitals, clinics, pharmacies, and other healthcare providers as well as mass market in Qatar.
- **Warehousing:** ICON Pharma Trading has a state-of-the-art warehouse in Doha.
- **Logistics:** ICON Pharma Trading provides logistics services to their customers, including transportation, customs clearance, and delivery.
- **Marketing and sales:** ICON Pharma Trading has a team of experienced marketing and sales professionals who can help their customers reach their target markets.
- **Compliance:** We ensure that all of our products are compliant with the latest regulations.

Contact information:

- 📍 The Business Park, 58 Airport Road, Building D, 2nd Floor - P.O. Box 3325, Doha, Qatar
- ☎ +974 4019 1239
- 📠 +974 44414945
- ✉ Orders@iconpharma.com.qa
- 🌐 www.iconpharmatrading.com.qa

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Ibn Al-Haytham Center for Hospital Consumables & Equipment



ABOUT US:

Ibn Al-Haytham Center for Hospital Consumables and Equipment was established in 2006 and became one of the premier medical healthcare solution providers in the State of Qatar. The Center provides excellent after sales service and has established strong and long-term relationships with current clients and attracted prospective ones.



SERVICES:

The range of products is produced by reputable manufacturers around the globe using the latest and sophisticated technologies. Most of the offered products are certified by FDA, ISO, CE.

The products are manufactured using medical grade and FDA approved materials in accordance to the International Quality Standards. In addition, the Center provides full healthcare solutions to polyclinics and home care clinics. The Center has succeeded in securing many exclusive distribution agreements with international pharmaceutical companies including, but limited to:

PRODUCTS RANGE INCLUDE:

- Hospital Equipment, Furniture, Instrument & Consumables
- Dental, Laboratory Instrument, Equipment & Consumables
- Ambulance, Emergency & Life Saving items
- Infection Control & Hygiene Products
- Rehabilitation & Orthopedic Aids

Contact information:

 New Al Mirqab Street, Fereej Al Nasr - P.O. Box 9958, Doha, Qatar

 +974 44312283

 +974 44357797

 info@ibncentre.com

 www.ibncentre.com





مركز عبر الشرق للسفر والسياحة
TRANS ORIENT TRAVEL & TOURISM
CR NO. 81582
☎ 4445 8458

عبر الشرق للطيران
TRANS ORIENT AIR SERVICES
CR NO. 81582
☎ 4445 8458

10

Trans Orient Group

ABOUT US:

Established originally in 1962 Trans Orient Establishment Group of Companies by its founder, H.E. The LATE SHEIKH MOHAMED BIN HAMAD AL THANI, the company offers travel & tourism services, cargo services Visa and it is the GSA (General Sales Agent) for various airlines such as Air India, Air India Express, Cathay Pacific, Somon Air, Tarom, Myanmar Airways International (MAI), Syrian Air, and Turkish Airlines.





01. TRANS ORIENT AIR SERVICES:

SERVICES:

1. Holiday Packages
2. Reservation & Ticketing
3. Charter Flights
4. Tourist Visa Assistance
5. Travel Insurance
6. Car Rental & International Driving License
7. Airport Meet & Greet
8. Education Packages



02. TRANS ORIENT CARGO:

SERVICES:

1. Air Freight
2. Door to Door
3. Customs Clearance
4. Providing a comprehensive solution to meet the relocation needs of corporate and residential clients



03. TRANS ORIENT TRAVEL & TOURISM CENTRE:

SERVICES:

Handling all the reservation & ticketing activities for the represented airlines



1. Air India



2. Turkish Airlines



3. Syrian Air



4. Cathay Pacific Airways



5. Air India express



6. Tarom



7. Myanmar Airways International (MAI)



8. Somon Air



04. DOHA TRAVEL AGENCY:

SERVICES:

1. Holiday Packages
2. Reservation & Ticketing
3. Tourist Visa Assistance
4. Travel Insurance
5. Car Rental & International Driving License
6. Airport Meet & Greet

Contact information:

- 📍 The Business Park, 58 Airport Road, Building E
- ☎ +974 4445 8458
- ☎ +974 4442 3496
- ✉ info@transorientgroup.com
- 🌐 www.transorient.travel



05. MOSAIC VISA SERVICES:

SERVICES:

1. Turkish Visa Service
2. Travel Insurance
3. Photocopy



**The First Travel and
Tourism Company
in Qatar**



11



West Bay Petroleum(WBP)

ABOUT US:

West Bay Petrol Station (WBPS) and West Bay Petroleum (WBP) were incorporated in 1985 and 1990 respectively in the State of Qatar, by H.E The Late Sheikh Mohamed bin Hamad Al-Thani, and became one of the leading service providers to the oil and gas industries. Under the guidance of its founder, the companies have undergone constant progress in all spheres of the petroleum business services and have ambitious expansion plans locally and internationally.

SERVICES:

West Bay Petrol Station is operating through the following divisions:

- **Petrol Station Division:**
Supply of fuels and other automotive services
- **Lubricants Division:**
lubricants and greases in the State of Qatar
Trading in lubricating oils and greases.
- **Chemical Division**
 - Sole agent for baker hughes upstream production chemicals.
 - An authorized distributor of ultratech for health safety and environment protective products and equipment in the state of qatar.
 - An authorized distributor of ultra ever dry and gentoo in the state of qatar.
 - Trading in chemical materials related to oil and gas production.
 - Trading in chemical materials for construction works.
 - Trading in chemical materials related to water treatment.
 - Trading in industrial protective coatings specialties.
 - Trading in building materials.



Contact information:

- 📍 The Business Park, 58 Airport Road, Building D, 7th Floor - P.O. Box 13069, Doha, Qatar
- ☎ +974 4029-6082 | +974 4435-1449
- 📠 +974 4435-5736
- ✉ info@wbps-qatar.com
- 🌐 www.wbps-qatar.com

12

Business Loop



ABOUT US:

Business loop facilities management (blfm) is one of mohamed bin hamad holding group subsidiaries. Specialized in the field of facilities management maintenance and contracting in qatar.

The company was established in qatar under the name of business loop trading & contracting and services on the 1st of february 2017. The staff is having wide experience in the field of facilities management maintenance & contracting and is consistently focusing on market requirements. Business loop proposes to focus on creating environmental preservation awareness and sustainability by actively coordinating with renowned personnel of the industry, councils, and associations. Moreover, business loop is participating in various events and workshops related to waste management, sustainability, environmental protection, green building and quality fm management.

SERVICES:

BLFM offers a comprehensive suite of services that cover every aspect of facilities management, maintenance & contracting. Our integrated management services include:

- **Maintenance management:** We provide preventive and corrective maintenance services to ensure that our clients' facilities are always in top condition. Our maintenance services cover Civil, Architectural, mechanical, electrical, plumbing, and HVAC systems.
- **Energy management:** We help our clients reduce their energy consumption and costs by controlling their energy sources in the best possible way.
- **Project management:** We provide project management services for all types of projects, from small renovations to large construction projects. Our project management services cover all aspects of the project, from planning to execution and monitoring.
- **Environmental management:** We help our clients reduce their environmental impact by implementing sustainable practices and solutions. Our environmental management services include waste management, water conservation.
- **Health & Safety management:** We, at Business Loop, hold in high regard, the Safety, Welfare and Health of our Employees. We firmly believe that every employee is entitled to work under the safest possible conditions. All possible efforts will be made in the interest of accident prevention, fire protection and health preservation, in all our worksites, workshop and projects. It is a good business practice to guard against accidents.

Contact information:

 The Business Park – 58, Airport road, Building – E, 1st Floor

 +974 44659486

 +974 44160912

 post@businessloop.qa

 www.businessloop.qa

13

Diet Center



ABOUT US:

The Nutrition & Diet Center was first Launched in the early 1990's. The center aims to spread nutritional awareness through a behavior modification program rather than mainly focusing on a diet alone.

Being the first dedicated diet and weight loss health center in the middle east, we go beyond the concept of weight loss toward achieving a better health state. We provide individualized nutritional consults for all health conditions and serve delicious food that is premium quality natural ingredients.



SERVICES:

Specialized in providing healthy food through different plans and programs customized based on customer's needs. From Keto and detox plans to Go flat, Gastric plans and many others. Diet Center has a specialized team of dietitians and nutrition experts who strive to empower customers to reach their weight goals and achieve and maintain your long-term wellness and healthy habits.

Clinical services:

- Full anthropometric measurements and total body composition analysis using the precise InBody 720 Body Composition Analysis.
- Total review and assessment of client lifestyle, dietary habits, family history, medical conditions.
- Designing individualized custom-made nutrition and diet programs, and meals tailored as per plan delivered to client's doorstep.
- Weekly follow up with dietitians to assure the progress of the program and doing the necessary adjustment on the meal plan.
- Implementing healthy lifestyle principles through education and building awareness Outside clinical service.

Outside clinical service:

- Providing a variety of light and great-tasting foods through our Diet Shops.
- Involved in awareness campaigns to spread healthy lifestyle habits.
- Catering healthy food to events.

Diet Center Divisions:

With its many divisions, Diet Center will individually tailor a health and diet plan that will surely suit your dietary needs and goals. The center includes the following divisions:

- Diet Center Clinics.
- Diet Center Kitchen.
- Diet Shop - Take Away & Delivery services.
- Catering and fine dining.

Contact information:

📍 Al Sadd, Al Kinana St. Doha, Qatar

☎ +974 44368820

📠 +974 44581250

✉ info@dietcenterqatar.com

🌐 www.dietcenter-qa.com

20

Years of experience

20

Programs

+2000

Menu items

+80

Staff





أبو سدره مول
ABU SIDRA MALL

“
A Complete
Family
Destination

14

Abu Sidra Mall



ABOUT US:

Located in Al Rayyan Municipality, Qatar, spanning a built-up area of more than 92,000 sq. meters, Abu Sidra Mall aims to revolutionize the mall culture of Qatar.

Abu Sidra Mall endeavors to position itself as one of the Qatar's leading destination spaces with a high footfall. With over 200 retail outlets, Health, Wellness and entertainment centers, Abu Sidra Mall is set to receive visitors around a theme of health and fitness. The Qatar government promoting sports and fitness to improve the quality of life of its citizens acts as an added bonus to the popularity of the mall.

SERVICES:

- Largest Lulu Hypermarket in the region
- 3 Levels
- 92,453 m²: Total Area
- 30,878 m²: Gross Leasable Area
- 200: Retail Outlets
- 28: F&B Outlets
- 2000: Parking Spaces

Contact information:

- 📍 Al Sailiya Road, Al-Rayyan, Doha, Qatar
- ☎ +974 5511 4425
- ✉ info@abusidramall.com
- 🌐 www.abusidramall.com

92,453

m²

Total Area

200

Retail Outlets

2000

Parking Spaces



15

Abu Sidra City



ABOUT US:

The new Abu Sidra mixed-use master plan is founded on the successive and forward thinking, rather than the customary pattern. The new development concept leverages key urban design principals and sustainability initiatives with an intent to turn Abu Sidra into a suburban town center. With the sole intention of providing safe, healthy, livable, and well-planned communities, here we illustrate the proposed development plans of a multi- phased residential and commercial community – Abu Sidra.



URBAN DESIGN PRINCIPLES:

Vision:

- To set a positive precedent for future sub-urban development.
- To embrace innovative design principles.

Principles:

- To create a self-reliant mixed-use community with work, residence, and recreation options in the neighborhood Principles.
- Building the Abu Sidra sense of place.
- Inspiring the Abu Sidra community spirit.



Objectives:

- Create a dynamic & complimentary mix of uses.
- Set up a diversified movement network and walkable community.
- Prepare a diverse urban character with ordered density towards open space and facilities.
- Connect the parks and open space networks.
- Unfold a staged development with heritage & cultural values.

Contact information:

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1,227,956sq.m.**13 KM**from the center
of Doha



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